

served between 9am-3pm Wed-Sat 9am-12noon Sundays

Loaded bean toast - £11.95

cannellini beans cooked in a spicy tomato sauce topped with feta, parmesan & crispy kale (V) (RGF)

Pick me up french toast-£12.95

- espresso infused chantilly cream served with fresh berries & raspberry coulis (V)
- banoffee french toast: caramelised banana, chocolate gravel, espresso infused chantilly cream & toffee sauce (V)

Veg breakfast - £14.95

vegetarian sausage, grilled halloumi, free range eggs (scrambled, poached or fried) mushrooms, beans, grilled vine tomato, homemade hash brown & toast (V) (RGF)

Full cooked breakfast - £15.95

sausage, crispy smoked bacon, black pudding, free range eggs (scrambled, poached or fried), mushrooms, beans, grilled vine tomatoes, homemade hash brown & toast (RGF)

Shrooms & sourdough - £13.50

mixed wild mushrooms in a creamy sauce & spinach with poached egg & parmesan crisp (V) (RGF)

Steak, eggs & hash brown - £16.95

flattened rump steak with fried eggs, homemade hash browns & crispy kale (GF)

Eggs on toast - £10.95

(scrambled, fried or poached eggs) on sourdough with avocado, rocket & red pepper coulis (RGF)

Eggs benny - £12.50

toasted English muffin with streaky smoked bacon, free range poached eggs, hollandaise sauce topped with chives & feta cheese (RGF)

Avo go - £12.95

mushrooms, spinach, smashed avocado & cherry tomatoes on toasted sourdough (VEG) (V) (RGF)

Stacked pancakes - £12.50

- fresh fruit with maple syrup (can add crispy smoked bacon £2)
- Nutella & strawberry with chantilly cream

Spinach salmon sunrise - £13.50

toasted English muffin with spinach, smoked salmon, free range poached eggs, hollandaise sauce topped with chives & feta cheese (RGF)

Harissa steak - £16.95

harissa sweet potato cake, greek yoghurt, spinach, feta, marinated rump steak topped with poached egg (GF)

Granola bowl - £10.95

granola, seasoned fruit, greek yoghurt, sprinkled with chai seeds drizzled with honey & raspberry coulis

Black pudding hash - £12.50

with wild mushrooms & fried egg

Extras

bacon - £2 avocado - £2 sausage - £2 egg - £2 hash browns - £3.95 halloumi - £2

SANDWICHES

served between 12noon -3pm Wed-Sat

Balsamic tomato, mozzarella & rocket (V) - £12.95

served on malted bloomer

Cheese, pickle & gem lettuce - £12.95 served on malted bloomer

Proscuitto, mozzarella & tomato - £13.50

served on malted bloomer

Halloumi, roasted red pepper & pesto - £14.95 served on sourdough

Rump steak, caramelised onion, rocket & blue cheese sauce - £14.95 served on sourdough

Fish finger with tar tar sauce & rocket - £13.95 served on sourdough

all served with soup of the day or chips (upgrade to salt & pepper or truffle & parmesan chips - £2)

VEG: Vegan - V: Vegetarian - GF: Gluten Free - RGF: Request Gluten Free